

ABOUT THE SPEAKER



Cindy Parke, RNC, CNM, MSN is a Certified Nurse Midwife, Legal Expert, Educator and Clinician; Cindy has taught essentials of women's health, pregnancy and childbirth topics to nurses nationwide. An active member of the ACNM, AWHONN, Sigma Theta Tau and the

International Cesarean Awareness Network; Cindy's focus has always been on physiologic focused care. Her review is a comprehensive coverage of maternal/fetal care through pregnancy, labor and delivery, and postpartum. This course will direct you in recognizing normal labor, as well as the risks in birth. The course assists you in choosing appropriate individualized interventions within standardized protocols, and brings you new tools. Respond well to both the normal and the critical clinical challenges that present in L & D and review for the RNC exam.

ABOUT THE COURSE:

This course will update your clinical knowledge base. You will review key clinical care issues from admission through delivery – with examples for decision making and best-case clinical choice selection! If you are preparing for the RNC certification exam, the course content compliments the NCC published Inpatient OB Exam Outline.

WHO SHOULD ATTEND?

- Labor & Delivery & LDRP Nurses
- Nurses new to OB
- Nurses needing cross-training to L & D
- Nurses planning to take the Inpatient OB RNC Exam
- Nurses needing certification for Magnet Hospital Status & maintaining CE credits

OBJECTIVES

Following comprehensive lecture, discussion, audiovisual presentation and case review, you will be able to:

- Review labor physiology, pathophysiology and components of effective labor progress and develop effective patient assessment, care and management techniques that assist birth physiology.
- Develop policies/strategies for labor induction and augmentation based on respect for physiology, safety, evidence and NICHD recommendations.
- Recognize and respond to abnormal labor patterns including tachysystole and dystocia.
- Review pain assessment and management in labor, including non-pharmacologic and pharmacologic care techniques.
- Identify adverse fetal response to labor, causation, clinical observation, interventions and intrauterine resuscitation.
- Review new NICHD definitions, categories and necessary nursing actions.
- Recognize a variety of pathologic and emergent labor situations including: GH, Diabetes, Uterine Rupture, Hemorrhage, DIC and appropriate management and documentation issues.
- Identify normal and abnormal parameters in second stage; explore new research based second state management.
- Describe risk factors for shoulder dystocia noting clinical interventions and techniques to improve outcomes and decrease liability.
- Describe indicators of stage III-IV labor emergency situations.
- Develop essential documentation and chart review skills for safer patient care.
- Locate and utilize key web resources for L & D skill building to enhance key web resources for L & D skill building to enhance safe maternity and newborn care.

LABOR & DELIVERY PHYSIOLOGIC REVIEW

August 29 & 30, 2016

8 a.m. – 4 p.m.

INPATIENT OB NCC EXAM

August 31, 2016

8 a.m. – 11:30 a.m.



This course made possible by:
HWI-Enloe Medical Center, A Collaborative
Partnership in Education, Doing What Matters



COURSE DETAILS

Date: August 29 & 30 (Monday & Tuesday)

Time: 8 a.m. - 4 p.m. for both days

Continental breakfast and lunch are provided.

Sign-in & Continental breakfast begin at 7:30 a.m.

Site: Enloe Conference Center, Room 102

1528 Esplanade, Chico, CA 95926

Fee: \$150.00 – Register Online at www.enloe.org/ce or call the Education Center at (530) 332-7523.

Continuing Education: Enloe Medical Center is offering 14 Continuing Education contact hours for this course. This provider has been approved by the California Board of Registered Nursing, BRN Provider #000180.

Refunds: There are no refunds for this course.

REGISTRATION INFORMATION

Pre-register & pay online at www.enloe.org/ce or call the Enloe Education Center at (530) 332-7523. Online registration will close Friday, August 19th.

TEST INFORMATION: YOU MUST BE REGISTERED FOR THE TEST 3 (THREE) WEEKS PRIOR TO THE TEST DATE

Date: August 31 (Wednesday)

Time: 8 a.m. – 11 a.m.

Site: Enloe Conference Center, Room 102

1528 Esplanade, Chico, CA 95926

Special Fee: \$275 due to NCC website at time of online registration for test.

IMPORTANT TEST INFORMATION – PLEASE READ

The NCC Inpatient OB exam is separate from and has no affiliation with this course. It is PEC's goal to support higher standards of continuing education and to assist nurses seeking certification, thus PEC has established the option for this hosted PEC L&D and its course attendees to sit the NCC exam. NCC sends an admission letter following receipt/approval of exam application. Contact NCC if you have applied and have not received your admission to exam letter. Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity to clinicians nationwide. PEC has no authority to approve, disapprove or vary any requirement for qualifying for or taking any NCC exam. Registration for the onsite NCC exam following attendance at the course is separate, and \$275. We suggest registering using this direct page link: <https://www.nccwebsite.org/Certification/Applyonline.aspx?PaperPencilExam=1&eid=1&PurchaseType=PEC> or go to the NCC website: NCCwebsite.org and enter PEC Certification Exams in the search bar. The test site code requested in the registration with NCC IS 16IOB19.

DAY ONE AGENDA (8/29)

7:30 a.m. – Sign-in & Continental Breakfast

8 a.m. –

RESPECTING PHYSIOLOGY FOR SAFER CARE

- Maternal mortality ~ Resources exist

TRIAGE & ONGOING EVALUATION IN LABOR

- What is Physiologic Labor? ~ Essential Assessment Skills to Recognize Normal & the Unexpected:

INDUCTION & AUGMENTATION

- Cervical Ripening – Methods & RX
- Risks-Hazards-Tachysystole-Failure To Progress

Dealing with the Drugs...Cervidil – Cyotec - Pitocin

- Nursing Care Essentials ~ Determining Candidates ~ Ensuring Safety with Drug Use

LACK OF PROGRESS – TAKING INITIATIVE...

- Recognizing Dystocia & “Lack of Progress”
- Friedman vs Albers vs Zang ~ Clinical Intervention

PAIN MANAGEMENT IN LABOR...

- Labor Support~Nitrous Oxide Use ~ Managing Epidurals: Timing ~ Precautions ~ Dosing
- Relieving Back Labor & Converting OP Positions

GROUP B STREP: Protocols & Procedures STAGE II LABOR – Fetal Response/Reaction

- Pushing For Fetal Well-Being ~ Laboring Down

4:30 p.m. – Adjourn

DAY TWO AGENDA (8/30)

7:30 a.m. – Sign-in & Continental Breakfast

8 a.m. –

Assessing Fetal Health – Monitoring the Fetus:

- NICHD Terminology & Categories
- Identification - Management - Documentation
- Intrauterine Resuscitation

MATERNAL RISKS = FETAL HAZARDS

- Hypertension ~ Pre-eclampsia ~ Eclampsia
- Diabetes: Managing Labor: Maternal/Fetal Response
- Preterm Labor: Evaluation - Tocolytics - Steroids

MANAGING & DOCUMENTING EMERGENCIES

- Vaginal Bleeding Triage: Placenta Previa – Abruptio
- Uterine Rupture ~ Hemorrhage ~ DIC ~ AFE

SHOULDER DYSTOCIA – Labor Clues

- Recognition, Management, & Responsibilities
- Fundal Pressure & Your Day in Court...

VACUUM EXTRACTION: Do's & Don'ts

- Protocols ~ Nursing Responsibilities ~ Double Set-Up...

STAGE III-IV LABOR & POSTPARTUM EMERGENCIES

- Retained Placenta ~ Accreta/Increta/Percreta
- Uterine Inversion ~ Why It Happens ~ What To Do...
- PPH: Assessing Maternal Status: Recognizing & Responding ~ Quantification of Blood Loss

4:30 p.m. – Adjourn

Complete Syllabus, Morning Continental Breakfast
~ Lunch 12 p.m. – 1:00 p.m.